



OCA Mid-Winter Pre-Conference: February 21st, 2018
Sheraton/Reed Center-Midwest City, OK

8:30 AM – 9:00 AM **Registration**

8:45 AM – 9:00 AM **Welcome and Announcements**
Marilyn Kincade, OCA Executive Director

9:00 AM – 12:15 PM
Break @10:30-10:45

Robert E. Wubbolding, Ed.D Presenter

Title: ‘Gaining Practical Skills for Helping Clients: The Forgotten Component of Effective Counseling’

3 CE

Practicality and innovative skills for the creative use of reality therapy are the goals of this interactive session that focuses on simulated demonstrations. Participants will role-play clients, preferably difficult ones. The leader will thus illustrate the principle “Sometimes the solution appears to be unrelated to the problem” as well as the technique of “Seeding a major intervention”. Participants will discuss the demonstrations in triads and in the large group. The take home skills will be immediately useful on the job. Therefore, simulated role-play demonstrations constitute the focus of the practical and usable skills presented in this session. Participants will gain skills and techniques for helping clients evaluate their own actions, cognitions, goals and wants.

12:15-1:15 Exhibit Hall: Lunch Provided by OCA

1:15-4:30 Continue with AM Presentation

3 CE

Break @3:00-3:15

Evaluations + 6 total CE