

Center for Reality Therapy, *Robert E. Wubbolding, EdD, Director*

5490 Windridge Court, Cincinnati OH 45243, USA

Tel: 1-513-561-1911 Fax: 1-513-561-3568 E-Mail: wubsrt@fuse.net

Web: www.realitytherapywub.com

Robert E. Wubbolding, EdD,



internationally known teacher, author and practitioner of Reality Therapy, teaches Choice Theory and Reality Therapy in the United States, Europe, Asia, and the Middle East. His contributions to the theory and practice include the ideas of *Positive Symptoms*, *The Cycle of Counseling*, *Five Levels of Commitment*, and others. He has also expanded significantly the Procedure of *Evaluation*. He has written over 150 articles, essays, and chapters in textbooks as well as 17 books and published many DVDs on Reality Therapy including the widely acclaimed books *Reality Therapy for the 21st Century*, and *A Set of Directions for Putting and Keeping Yourself Together*, *Reality Therapy: Theories of Psychotherapies Series*, published by American Psychological Association, 2011 and most recently *Reality Therapy and Self-Evaluation: The Key to Client Change* published by the American Counseling Association, 2017.

His busy professional life includes director of the Center for Reality Therapy, Professor Emeritus at Xavier University in Cincinnati Ohio, and Senior Faculty for The William Glasser Institute. Personally appointed by Dr. Glasser to be the first Director of Training for the Institute. In this position he coordinated and monitored the Certification, Supervisor, and Instructor Training programs (1988-2011).

Formerly he consulted with the drug and alcohol abuse programs of the U.S. Army and Air Force. He was a group counselor at a halfway house for women, an elementary and secondary school counselor, a high school teacher, and a teacher of adult basic education. For two years he taught for the University of Southern California in their overseas programs in Japan, Korea, and Germany.

Professional memberships include: Professional Clinical Counselor, Psychologist, member of the American Counseling Association, the American Psychological Association, the American Mental Health Counseling Association, and many other national and state psychological and counseling associations.

Awards received include: the Marvin Rammelsberg Award presented to a person in a helping profession best exemplifying qualities of friendship, brotherhood, and humanitarianism, displays exemplary leadership qualities, made outstanding contributions to professional organizations; the Herman J. Peters Award for exemplary leadership to promote the profession of counseling; the Greater Cincinnati Counseling Association unique Recognition of Merit Award; the Mary Corre Foster Award for exemplifying qualities of leadership within the counseling profession and promoting the standards of excellence within the profession; Distinguished Alumnus Award, College of Education, University of Cincinnati 2002; Distinguished Counseling Graduate of the 1970s decade, Counseling Department, College of Education, University of Cincinnati 2005. Gratitude Award for Initiating Reality Therapy in the United Kingdom from the Institute for Reality Therapy United Kingdom, 2009. Also in 2009 he was awarded the Certificate of Reality Therapy Psychotherapist by the European Association for Psychotherapy. In 2014 he was honored as a “Living Legend in Counseling” at the American Counseling Association Conference in Honolulu, Hawaii. In 2015 invited to deliver keynote address at 25th anniversary of founding Japan Reality Therapy Association, Tokyo, Japan. In 2016, received the title “Friend of William Glasser Institute Singapore”, Singapore. In 2016, invited to deliver keynote address to first international WGI Conference held in Asia, Seoul, Korea.

*"He is one of my closest and most trusted associates. I couldn't recommend anyone more highly."
William Glasser, MD, Founder of Reality Therapy*